

Blessed is the One Who Walks in His Ways

Passage: [Psalm 1](#)
Date: October 18, 2009



Psalm 1 (NASB)

- 1 How blessed is the man
who does not walk in the counsel of the wicked,
Nor stand in the path of sinners,
Nor sit in the seat of scoffers!*
- 2 But his delight is in the law of the Lord,
And in His law he meditates day and night.*
- 3 He will be like a tree firmly planted by streams of water,
Which yields its fruit in its season
And its leaf does not wither;
And in whatever he does, he prospers.*
- 4 The wicked are not so,
But they are like chaff which the wind drives away.*
- 5 Therefore the wicked will not stand in the judgment,
Nor sinners in the assembly of the righteous.*
- 6 For the Lord knows the way of the righteous,
But the way of the wicked will perish.*

In His **Wisdom** (Psalm 1)

He'll **enjoy** the walk (v. 2)

He'll **bear fruit** along the way (v. 3)

His way will be **guarded** (v. 6)

In His Word

But He said, "On the contrary, blessed are those who hear the word of God, and observe it." (Luke 11:28)

"If you know these things, you are blessed if you do them." (John 13:17)

In Step with Christ

"And blessed is he who keeps from stumbling over Me." (Luke 7:23)

He walks according to who Christ is,
not according to who some project Him to be.

Influence Others to Walk in His Ways, too

Blessed are you, O land, whose king is of nobility and whose princes eat at the appropriate time—for strength, and not for drunkenness. (Eccl 10:17)

Reflecting on God's Word

1. Read **Psalm 1**.
2. Are there ways that you live like those in verse 1?
3. How does walking in those ways affect your godly joy (v. 2)?
4. How does walking in those ways affect your fruitfulness for Christ (v. 3)?
5. How does walking in those ways affect experiencing God's protection in your life (v. 6)?
6. Are there sources of godly wisdom around you that you are not yet taking advantage of? If so, pray about seeking out even just one of those sources this week for a life situation that needs wisdom.